



RIATA Fall 2005 Newsletter

Letter from the President

By: Andy Llaguno, MEd, ATC, CSCS

As my last few months as President of the RIATA, I have many thanks and accomplishments to address:

First, I would like to thank our Executive Board:

- Mike Monteiro**, *Past President*, Mike will be finishing up his 6yr term this January. He has been a very good mentor for the board and his dedication to the RIATA is exemplarily. Mike will continue to serve the RIATA in other capacities.
- Tom Belmaggio**, *Secretary & Treasurer*, Tom has done a great job keeping tabs on our books and setting up some of the best social events the RIATA has ever had. I am confident he will be a leader in our profession.
- Jen Brodeur**, *President Elect*. Jen will be taking over as President this January and I am assured she will be a fantastic leader pushing our goals forward. I feel fortunate to continue to help her meet our goals.

Second, I would like to thank our Committee Chairs:

- Kim Bissonnette* – **Licensure Chair** – Kim has done a great job helping to write and interpret the law and make our Practice Act one of the strongest in the country!
- John Rock*- **Honors & Awards** – John will be managing and building a RIATA Hall of Fame, which can be viewed on our web site. We are truly eager to see the recognition to all of our deserving RIATA members.
- Alan Segee*- **Conference Committee Chair** – Each year Alan and Kristine Brown from ATOM put on a joint state conference together. May 2005 Conference was the most successful we have had and we can't wait for next year's conference here in RI.
- Paul Roberti*- **Secondary Schools Chair** – Paul has been working very vigorously with the RIATA Executive Board and the RIL to help drive the message to have athletic trainers at all of our high schools across the state. Paul has won our first RIATA Athletic Trainer of Year Award ('05).
- Garrett DeGroot* – **Website Chair**- G has done an stupendous job to make our website on of the best in the country. His role is truly one of the most significant because in this new age of technology information is being passed along to our members and the general public through our computers.
- Rob Lawton* – **Public Relations Chair**- Rob has done outstanding job to inform the general public about the profession of Athletic Training. All of his accomplishments can be viewed on our website under the News Room section. Rob was the NATA 2005 PR Award runner up. We are all excited and looking forward to March ATC Month.

It goes without saying that without the core folks above and active members such as George Finn, Dr. Sullivan, and others we could not have accomplished all the things we have done over the last few years. I truly appreciate every ones hard work and effort making this association one of the best across the country. I hope to see the continued progression of this association, as more members get involved.

-Accomplishments:

-Honors and Awards:

- 1) RIATA Athletic Trainer of the Year (Paul Roberti 2005)
- 2) RIATA Service Award (Channel 10 Barbara Morse Silva 2005) (*Presentation TBA*)
- 3) D1 Professional Development Scholarship 2005 (Alison Riley)
- 4) Gail Connelly – NATA Service Award 2005
- 5) Dr. Sullivan – EATA Dr David G Moyer Award 2005
- 6) Kathy LaQuale – NATA Hall of Fame 2005

Please continue to nominate members of the RIATA through our web site. Nominations have already started for the NATA Honors & Awards and the list of RIATA members eligible is currently updated on our site.

-Activities:

- 1) *RIATA / ATOM Conference* – this conference is put on every May and continues to expand and get better each year. We appreciate Alan's hard work.
- 2) *RIATA Annual Picnic* – We had a good turn out for our first family picnic some of the photos were published in the NATA News. We hope to see these events continue to strengthen and friendships and families grow.

-Events:

September 11, 2005 the RIATA and the Rhode Island Interscholastic League (RIIL) had a panel conference with all the RI -Principles and Athletic Directors discussing the importance of how the student athletes' health and welfare should be a priority in their schools by having an Athletic Trainer. I would like to thank Tom Mezzanotte, Director of the RIIL, the panel speakers, and all those who helped drive the message across. We were heard "LOUD & CLEAR" hopefully setting a stronger foundation to get more athletic trainers in our high schools across the state. The RIATA Executive Board is working on a CD to be mailed to every high school in the state, which will give them information needed for this goal.

-FYI & New Additions:

The President, President Elect, & Secretary/ Treasurer terms are two years. Nominations for these positions will be sent out to all of our members thru a statewide e-blast in early November. If you would like to nominate someone please visit our website this Nov. for instructions. The Executive Board has traditionally appointed all Committee Chairs. There is an opening for Membership Committee Chair and the Corporate/ Industrial Committee Chair will be appointed to Mike Monteiro. As President and soon to be Past President (one year appointment), I will appoint myself to the RIIL Sports Medicine Advisory Committee Liaison. We have laid the groundwork for obtaining Athletic Trainers in the high schools across the state and I will work hard with others to ensure it will happen!

Some of our next goals are to have two new additions to our website- Corp/Industrial Section and Secondary Schools. The Chairs for these committees will be giving the general public information updated at least 4x per year.

I would also like to thank some of our State Liaisons and hopefully see this list become larger in the future. There efforts do not go unnoticed:
Julie Siegmund – Woman's in ATC
Bernard Walls – NATA Foundation

We still have lots of work ahead; continually building on our website and obtaining sponsorship, moving forward on secondary schools issues, possibly revisiting our Practice Act for the physically active (Corp/ Industrial Setting), and more public relations increasing the awareness of our profession. Lastly, I would also like to address the general public and let them know how important our profession is and how we can continue to serve our communities. It has been lots of fun – thanks to all of you!

Sincerely,
Andy Llaguno



Secretary/Treasurers Report and Newsletter

Welcome RIATA members to our bi-annual newsletter as we approach the upcoming year our finances are in order. Our balance in our general account is \$1772.27, and in our legislative account we have a balance of \$655.19.

As we end of the continuing education reporting period in December 2005, the Role Delineation Study 5th Edition Continuing Education Guidelines have been changed. The CEU recording dates are as follows; if your last name begins with A through G you report 25 CEU's by December 31, 2006 and report 75 CEU's by December 31, 2009. Last names beginning with H through O report 50 CEU's by December 31, 2007 and report 75 CEU's by December 31 2010. Lastly, if your last name begins with P through Z you report 75 CEU's by December 31, 2008 and 75 CEU's by 2011. If you have question about the newly outlined CEU reporting periods you can direct those questions to the BOC at www.bocatc.org.

Sincerely,

Tom Belmaggio
RIATA Secretary/Treasurer



Secondary Schools Fall Newsletter

On September 21, 2005, the Rhode Island Athletic Trainer's Association made a presentation to high school athletic directors and principals on the importance of having certified athletic trainers employed at their institutions. During this presentation, it was also made clear that allowing any individual, who is not a certified athletic trainer to perform the duties of one, is in clear violation of Rhode Island law. Both the Athletic Directors and principals were very receptive to this presentation.

Andy and I are now in the process of putting together a brochure to highlight the best methods for institutions to feasibly and cost-effectively hire certified athletic trainers.

If any of you have any information that would be beneficial to include in this brochure, please contact either Andy or myself.

Due to this presentation, more per diem work has become available to certified athletic trainers. If anyone is interested in working, contact Jen Brodeur at Providence College or Joyce Freeman at Moses Brown.

Paul Roberti, ATC
High School Chair



President-Elect Fall Newsletter

The Rhode Island Interscholastic League, the RIIL Sports Medicine Committee, and Tom Mezzanotte have become incredible allies in the RIATA's mission to have a Certified Athletic Trainer employed in every high school in the state. With the committee's support, and Tom's vision and leadership, we have been able to meet with athletic directors and principals to reinforce the importance of providing adequate coverage for high school athletes in RI. We will continue, as a joined force, to focus on this issue for as long as it takes to successfully reach our goal.

Please support the RIATA by joining us, in any capacity you feel comfortable, as we fight to establish, and maintain, a standard of care for our athletes.

We have come a tremendous distance and I hope to be able to continue along this path during my term as president of the RIATA. I look forward to serving the membership and would welcome any comments, questions, and/or concerns you might have.

Thanks much,
Jennifer Brodeur



Hi-ho! Hi-ho! Off to work we go!
By Mike Monteiro, MS, ATC, CSCS
Corporate/Industrial Committee Chair

Now that most Athletic Trainers across the country have rolled up their sleeves and returned to their Fall sports, let me take a moment of your time to update you on what is happening with our Rhode Island "industrial" athletes. But first, I must state how excited I am to be able to serve as the Committee Chair for the RIATA Corporate/Industrial Committee! As most of you know, I left my URI Men's Basketball post 3 years ago and returned to the industrial setting as an Ergonomic Consultant for the Beacon Mutual Insurance Company. This has been a unique opportunity for me as an Athletic Trainer in that, as far as I know, no other ATC works for a Worker's Compensation insurer in the country. There are, however, plenty of ATC's working in the industrial setting and I find this material useful when educating my company, and the companies we insure, as to how our expertise is being utilized to prevent injuries in the workplace; resulting in huge savings for employers and insurance companies alike. There are currently 2 noteworthy developments on the Rhode Island corporate/industrial front. First, a safety training video script is currently under review by a large trucking account. The video, which focuses on the prevention of musculoskeletal injuries in the workplace, discusses the approach used by Athletic Trainers in the traditional sports setting to prevent injuries, and also makes a comparison between *traditional* and *industrial* athletes. Second, I have begun working closely with the City of Pawtucket Sanitation Department by starting a daily flexibility program, as well as conducting a functional job analysis of their various job duties. (In case you were wondering, yes, that was me riding on the back of a garbage truck for two days in Pawtucket!) Hauling 25 tons of garbage each day felt like I had gone through back-to-back double sessions and I guarantee you that I didn't smell like a Gem Plumber in the end! In closing, I am open to comments or suggestions. I look forward to seeing all of you soon!



RIATA Webmaster Newsletter

I would just like to begin with thanking Kate Moore again for her assistance with our RIATA website. Her knowledge with our program as well as her time in getting our information up and online quickly is keeping our correspondence with both the general public as well as our statewide membership smooth and simple. As you have all hopefully seen, we have been adding new items online such as pictures from the picnic, easy links to the NATA for nominations of our peers for National Awards, as well as continuing to update our 15, 20, and 25 year lists. Coming in the near future we will have new sections for Corporate/Industrial and Secondary Schools. These sections will allow everyone to go into certain areas of the website and be able to see what's happening in Rhode Island in their field.

I would also like to ask of the state members to inquire about possible donations to the RIATA for both the general fund and also to the website area as well. We currently have one sponsor, (South County Orthopedics) and are looking for as many as possible. If you should have any ideas, (team doctors, MRI clinics, etc) please feel free to contact me. We already have all of the paperwork available for acquiring donations on a yearly basis, all the way up to a 3 year contract. These donations will help keep the website up and running as well as paying for the maintenance and domain name of www.riathletictrainers.org.

Good luck to everyone in their fall seasons, hope you are all not as busy as we are at URI. Have a safe and healthy holiday season....

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